Tasty Tote Lunch Set
Skill Level: Intermediate



Designed By
Cheryl Bush

An insulated, padded lunch tote with a wipeable, waterproof lining, inner velcro close pocket to hold ice pack and outer pocket for utensils and napkins. Velcro close keeps things contained and cooled. Built-in handles for easy carrying. Bag is stabilized to retain its shape and to support weight of contents. Matching cup cosy is insulated and padded for carrying hot/cold drinks and features an elastic loop with button closure so it is easy to wrap around most standard travel cups.

Fabrics Needed

Cotton for outer	7/8 yard
Coordinating cotton for pocket	1/4 yard
Waterproof fabric for lining (PUL, laminated cotton etc)	7/8 yard

Materials Needed

926 Extra Firm Stablizer	1 yard
805 Wonder-Under®	1 1/4 yards
975 Insul-Fleece™	1/2 yard
Legacy™ Polyester Batting PB-96	1/2 yard
Double Fold Quilting Binding	1 package
Double Fold Bias Tape	2 packages
3/4" Sew-On Velcro	30 inches
Button	1
1/4" elastic	3 1/2 piece
Thread	

Tools Needed

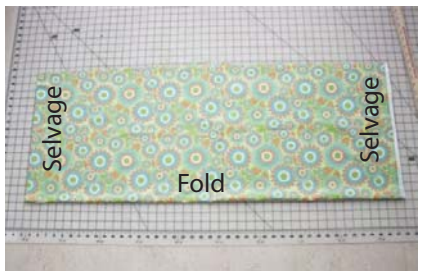
Sewing machine and related supplies
Rotary Cutting tools
General Sewing supplies

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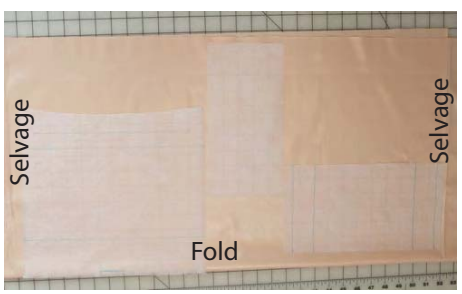
Cutting Instructions

Fold outer fabric in half so that selvages are at opposite ends. Cut one main bag and inner pocket flap on fold. Cut two handles on fold. Place bag side and inner pocket pattern pieces along the straight of grain. Cut out. Transfer all markings.



Fold outer pocket fabric in half, matching selvages. Place pattern piece on straight of grain. Cut out. Transfer markings.

Fold lining fabric in half so that selvages are at opposite ends. Cut one main bag piece on fold. Place bag side and inner pocket pattern pieces along the straight of grain. Cut out. Transfer markings.



Fold Pellon® Extra Firm in half. Cut one Main bag piece on the fold. Cut two bag side and handle pieces. Repeat this step with Pellon Wonder-Under®.

Fold Pellon batting in half. Cut one main bag piece on fold. Cut two bag sides, inner pockets and inner pocket flaps. Cut one outer pocket.

Fold Insul-Fleece in half. Cut one main bag piece on fold. Cut two bag side pieces.

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Assembling Outer Pocket

Place two outer pocket pieces together, right sides facing. Lay batting piece on one side. Stitch along one long side.



Turn right side out. Batting should be in the middle



Baste raw edges together. Sew bias tape on the basted long edge as shown.



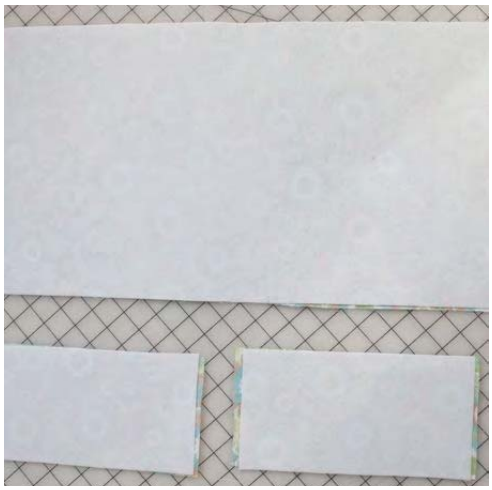
Assembling Outer Bag

Fuse corresponding Wonder-Under® pieces to the wrong sides of the outer bag and bag side pieces following manufacturer's instructions for fusing. Remove paper.



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Place corresponding Pellon® Extra Firm pieces against the side of the fabric with the Wonder Under. Flip over and fuse into place with a damp press cloth between the iron and bag fabric.



With main bag fabric right side up, line up the outer pocket along bottom edge of one side. Stitch in place 1/8" from lower edge.



Take one outer bag side piece and place it along bottom sections of main bag, right sides together as shown. Stitch short side of piece to main bag 1/2" from raw edge. Repeat with other side.

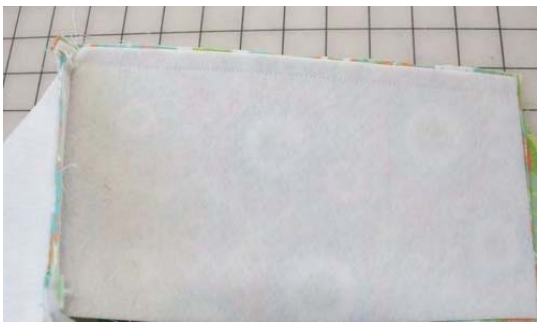


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Fold up long side of main bag to line up with long side of outer side piece. Stitch pieces together with 1/2" seam allowances. Repeat for other half, then for other outer side.



Trim seam allowances, especially at bottom corners and turn right side out. Set aside.



Assembling Inner Pocket

Open inner pocket flap with wrong side facing up. Place batting pieces on one side. Fold fabric over batting.



Baste fabric together along the raw edges. Trim corners with a slight curve.



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Sew bias tape along raw edge, folding the open ends in before stitching them down.



Layer inner pocket pieces as follows: waterproof fabric (shiny side down), batting and outer fabric (right side up).



Sew bias tape around all sides of pocket facing, folding open ends in and mitering the corners.



Cut the hook side of one piece of Velcro to 7″ and sew onto the upper sections of the inner pocket piece. Cut one loop side of one piece of Velcro to 6″ and sew it onto the back side of the inner pocket flap.



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Assembling Inner Lining Bag

Layer inner lining bag as follows: Insul-Fleece, batting, waterproof fabric (shiny side up).



Line up inner pocket along bottom edge of one side of main bag and center 1 1/2" from each side. Stitch pocket sides in place (sewing over stitches in bias tape).



This will make a "gap" to accordian fold the pocket to create depth. Fold in pocket "gap" on either side to overlap itself 1/2".



Stitch the folds in place along the bottom, sewing over the stitching already made on the bias tape.



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Place inner pocket flap 1/2" above the top edge of the inner pocket. Sew in place 1/8" from edge along top.



Layer one inner side piece as follows: waterproof lining fabric (shiny side down), Insul-Fleece and batting. Place this along bottom section of main bag, with right sides facing as shown. Stitch short side of rectangle to main bag 1/2" from raw edge. Repeat with other inner side. Fold up long side of main bag to line up with long side of inner side piece. Stitch pieces together with 1/2" seam allowances. Repeat for other half and then for other inner side. Turn inner bag right side out.



Cut strip of loop side of Velcro to fit from middle of side of bag across the bag to middle of other side. Starting at the middle of one short side of the bag, pin Velcro along placement line. Stitch into place. Cut strip of hook side of Velcro and repeat on other half of bag.



Turn inner bag wrong side out and insert into outer bag. Line up sides and seams and pin together. Attach quilting binding along top edge, allowing for 1" overlap. Fold the open end in before sittching it down when the overlap is reached.



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Assembling the Handles

Place the fabric handle pieces wrong side up. Fuse corresponding Wonder Under pieces to the wrong sides of the fabric following manufacturer's instructions. Remove paper. Place corresponding Pellon Ultra Firm pieces against the side of the fabric with the Wonder Under. Flip over and fuse into place with a damp press cloth between the iron and handle fabic. Fold handles up.



Sew bias tape to curved sides of handles, turning ends in befroe stitching them down.



Center handle piece on each of the inner sides of the bag, 1" below the top of the bag and pin. Stitch handles in place along stitching already made to attach qulting binding and again 1/8" from top edge of bag.

The bag is now complete.





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Cutting and Assembling Cosy

Fold outer fabric with selvages on opposite sides. Cut two cosy pattern pieces on fold. Repeat this step with batting and Insul-Fleece.



Layer the pieces in a "sandwich" so a piece of the outer fabric is right side down, follwed by a piece of batting, both layers of Insul-Fleece in the middle, then the other piece of batting. The remaining outer fabric piece is on top, right side up.



Pin the layers together and baste around the raw edges.



Encase the raw edges of the short sides in quilt binding and stitch in place. Then attach separate pieces of binding for the long sides, folding in the raw ends before stitching.



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Make a loop with the piece of 1/4" elastic and on the inner side of the cosy stitch the loop near the edge of the center of a short side as shown.



On the opposite short side, sew a button to the outer side near the edge.

The cup cosy is now done.

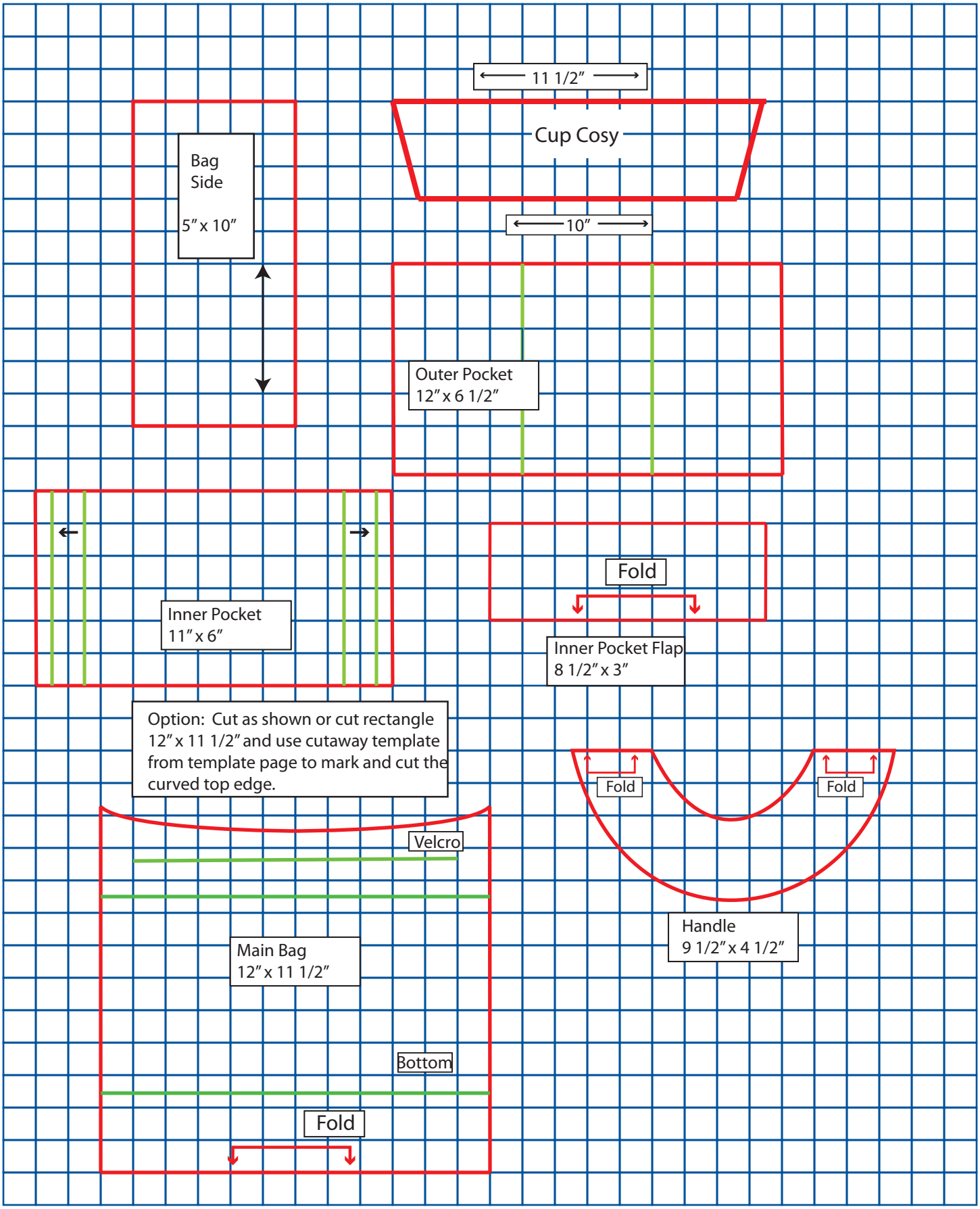






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Tru Grid Layout



Template for Basket Handle and Cutaway for Bag Top

